

Elevate with Eva Life Coaching

Eva Purcell - Certified Life Coach

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Welcome! This is your space to grow, reflect, and move forward with confidence.

Coaching Agreement

Free 15-minute consultation offered before coaching begins.

Sessions:

Standard Rate: \$100 per session

Military Discount: \$70 per session (with valid military status)

Format: Zoom or FaceTime

Cancellation Policy: 24-hour notice required

Disclaimer:

Coaching is not a substitute for medical or mental health care.

I agree to the terms above

Client Intake Form

Full Name:

Email:

Phone:

Main Goals:

Challenges:

What does success look like?

Anything else?

Goal Setting Worksheet

Top 3 Goals:

Why they matter:

Steps to take:

Support needed:

Timeline:

A Personal Welcome from Eva

I'm honored you're here. Let's grow together.

Client Signature:

Date:

After completing, please save and email to:

evapurcelllifecoach@gmail.com